

Panama City, Panama

Stand at the crossroads of the world's most famous waterway — watch Panamax ships squeeze through the Miraflores Locks, stroll cobblestoned Casco Viejo, or cruise the causeway by bike with the skyline at your back.

 Docked (Flamenco Island pier)

 Typical call: 8-10 hrs

 US Dollar

 Spanish

🚢 MY DAY IN PORT

Ship/Date: _____

Arrive: _____

All aboard: _____

Excursion: _____

Notes: _____

GETTING ASHORE

Docking: Fuerte Amador Cruise Terminal, Flamenco Island — two berths, no tendering

Best For: Panama Canal sightseeing, history, cycling, Frank Gehry architecture

Walk to center: Not walkable; 25-40 min taxi/Uber to downtown Panama City or Casco Viejo

Don't Miss: Watching a ship transit the Miraflores Locks live — book tickets in advance

🚗 Getting around: 🚗 **Taxi** ✅ \$15–\$20 · 📱 **Rideshare** ✅ Uber, Bolt · 🚗 **Hop-on hop-off** ✅ City Sightseeing Panama

TOP THINGS TO DO

- **Miraflores Locks Visitor Center** — Panama's #1 cruise excursion.
 - **Casco Viejo Walking Tour** — Panama City's UNESCO-listed colonial quarter is a compact grid of 17th-century plazas, crumbling churches, and restored...
 - **Biomuseo — Frank Gehry's Biodiversity Museum** — The only building Frank Gehry designed in Latin America sits right
- on the Amador Causeway — a riot of colored panels...

 - **Amador Causeway Bike Ride** — Rent a bike steps from the terminal and pedal the flat, 3-km Amador Causeway linking three islands.
 - **Gatun Lake Eco-Cruise & Monkey Island** — Boat through the jungle-lined Chagres River to Monkey Island on Gatun Lake, spotting howler and capuchin monkeys...

BEST WALKS

- **Amador Causeway Stroll** 2.5 km one-way · Flat · 30-45 min — Walk from the cruise terminal along the Causeway's shaded path to Flamenco Island's tip.
- **Casco Viejo Self-Guided Walk** 1.5 km loop · Easy · 1-2 hrs (30 min taxi from port) — Taxi to Casco Viejo then explore on foot: start at Plaza de la Independencia, visit the Metropolitan Cathedral, duck into Iglesia San...

WEATHER · DAYLIGHT · MONEY

 **CLIMATE (AVG °F · RAINY DAYS)**

Mon	High	Low	Rain
Apr	88°	76°	18d
Jun	84°	76°	29d
Aug	84°	76°	30d
Sep	84°	76°	30d
Oct	83°	75°	30d

 **DAYLIGHT &  MONEY**

Apr 6:08AM–6:27PM · Jun 5:59AM–6:37PM · Aug 6:10AM–6:34PM · Sep 6:08AM–6:17PM · Oct 6:06AM–6:01PM

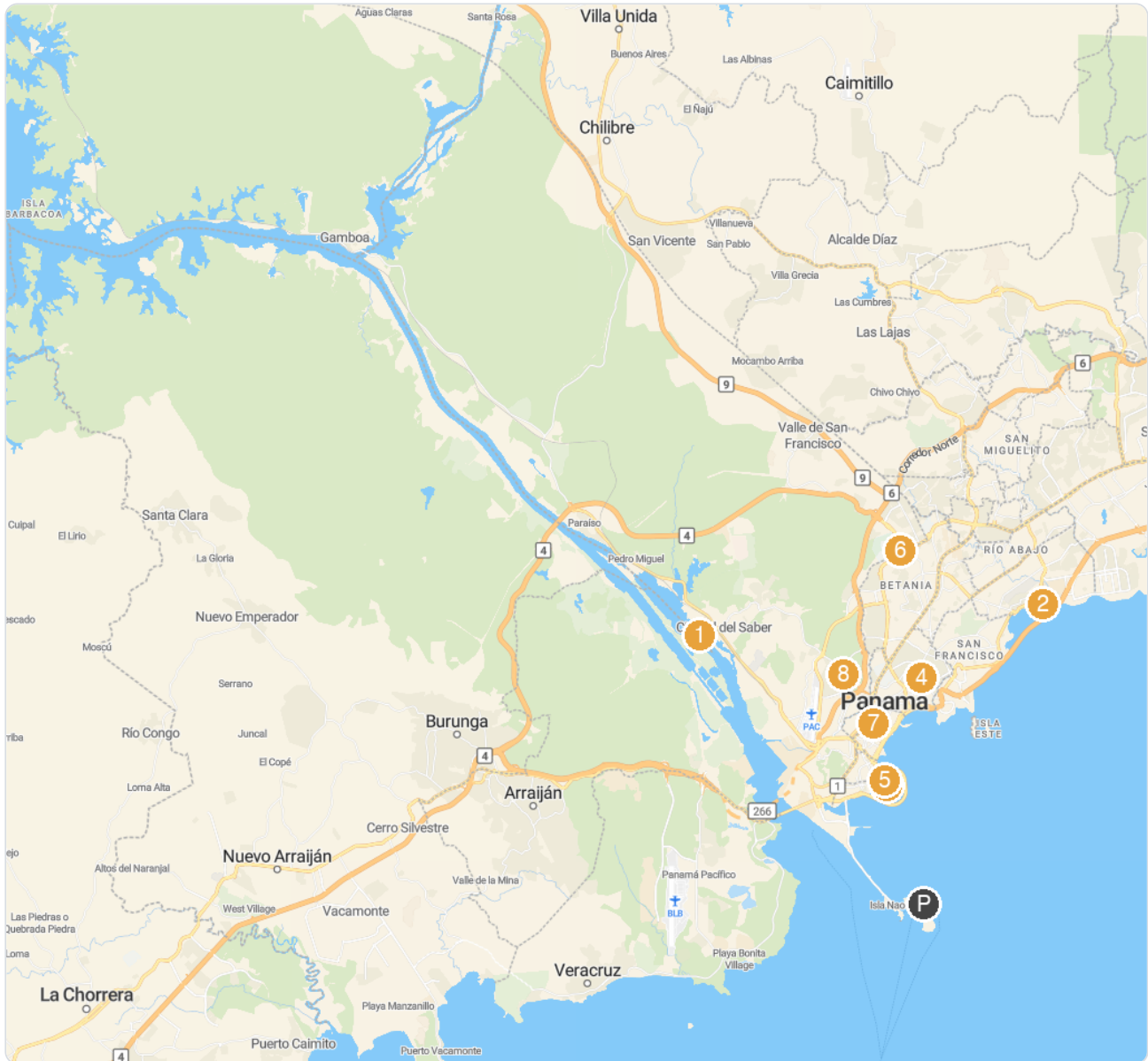
KNOW BEFORE YOU GO

- US dollars everywhere. Panama's official currency is the Balboa — but it's pegged 1:1 to USD and US bills are accepted everywhere. No need to exchange money.
- Use Uber over street taxis. Uber is metered, cheaper, and avoids negotiating fares. It works throughout Panama City and picks up

Panama City, Panama — Port Map

cruiseports.org

Red = walkable sights · Amber = excursions farther out · P = cruise terminal. Numbers match the order you'd typically visit.



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|---------------------------------------|--|--|---|
| 1 Miraflores Locks | Iconic Panama Canal locks where ships ascend and descend. | 2 Old Panama | Historic ruins of the first Panama City, sacked by pirates. |
| 3 Convento de Santo Domingo | Historic convent ruins famous for its gravity-defying flat arch. | 4 Parroquia Santuario Nacional del Corazón de María | A beautiful national sanctuary dedicated to the Heart of Mary. |
| 5 Parish of San Felipe de Neri | A historic Catholic church in Casco Viejo with beautiful architecture. | 6 Hindu Temple | A vibrant Hindu temple showcasing intricate architecture and culture. |
| 7 Don Bosco Minor Basilica | A grand Catholic basilica dedicated to Saint John Bosco. | 8 Metropolitan Natural Park Visitor Center | Gateway to an urban rainforest park with trails and wildlife. |
| P Cruise port / terminal | | | |