

La Rochelle, Charente-Maritime, France

La Rochelle guards its medieval harbour with three towering sentinels and opens onto the Atlantic — a handsome port city where arcaded streets, fresh oysters, and the island escape of Île de Ré reward a day ashore.

 Pier — Port de la Pallice  Typical call: 8–10 hrs  Currency: Euro (€)  Language: French (English spoken in tourist areas)

MY DAY IN PORT

Ship/Date: _____	Arrive: _____	All aboard: _____
Excursion: _____	Notes: _____	

GETTING ASHORE

Docking: Pier at Port de la Pallice, ~6 km from city centre

Best For: History, cycling, island day trips, fresh seafood

Walk to centre: Not walkable — shuttle bus or taxi (10–15 min)

Don't Miss: Climbing the three medieval towers at the Vieux Port

 Getting around:  Taxi  €15–€25 ·  Rideshare  Uber, Bolt

TOP THINGS TO DO

- **The Three Medieval Towers** — Tour Saint-Nicolas, Tour de la Chaîne, and Tour de la Lanterne guard the harbour entrance.
- **Île de Ré Day Trip** — Cross the 3 km bridge to this chic flat island of salt marshes, hollyhocks, whitewashed villages, and sandy beaches.
- **La Rochelle Aquarium** — One of Europe's largest private aquariums, a short walk from the Vieux Port.
- **Rochefort & the Hermione Frigate** — A short drive south, Rochefort's Corderie Royale (royal ropeworks) and the full-scale reconstruction of the...
- **Old Town Market & Seafood Lunch** — The covered Central Market opens every morning with local oysters, cheeses, and produce.

BEST WALKS

- **Old Port & Towers Loop** 1.5 km · 30–45 min · Flat — Start at the Grosse Horloge (medieval clock gate), walk down to the Vieux Port, loop around to the three towers, then return via the...
- **Vieux Port to Aquarium Stroll** 1 km · 20 min · Flat — Walk south along the waterfront from the Vieux Port past the marina at Les Minimes toward the Aquarium de La Rochelle.

WEATHER · DAYLIGHT · MONEY

 CLIMATE (AVG °F · RAINY DAYS)				 DAYLIGHT &  MONEY	
Mon	High	Low	Rain	Apr 7:18AM–8:51PM · Jun 6:12AM–9:57PM · Aug 7:04AM–9:13PM · Sep 7:43AM–8:15PM · Oct 8:22AM–7:17PM	
Apr	60°	48°	8d	Currency: Euro (€)	
Jun	72°	61°	10d		
Aug	74°	63°	9d		
Sep	72°	59°	8d		
Oct	65°	54°	11d		

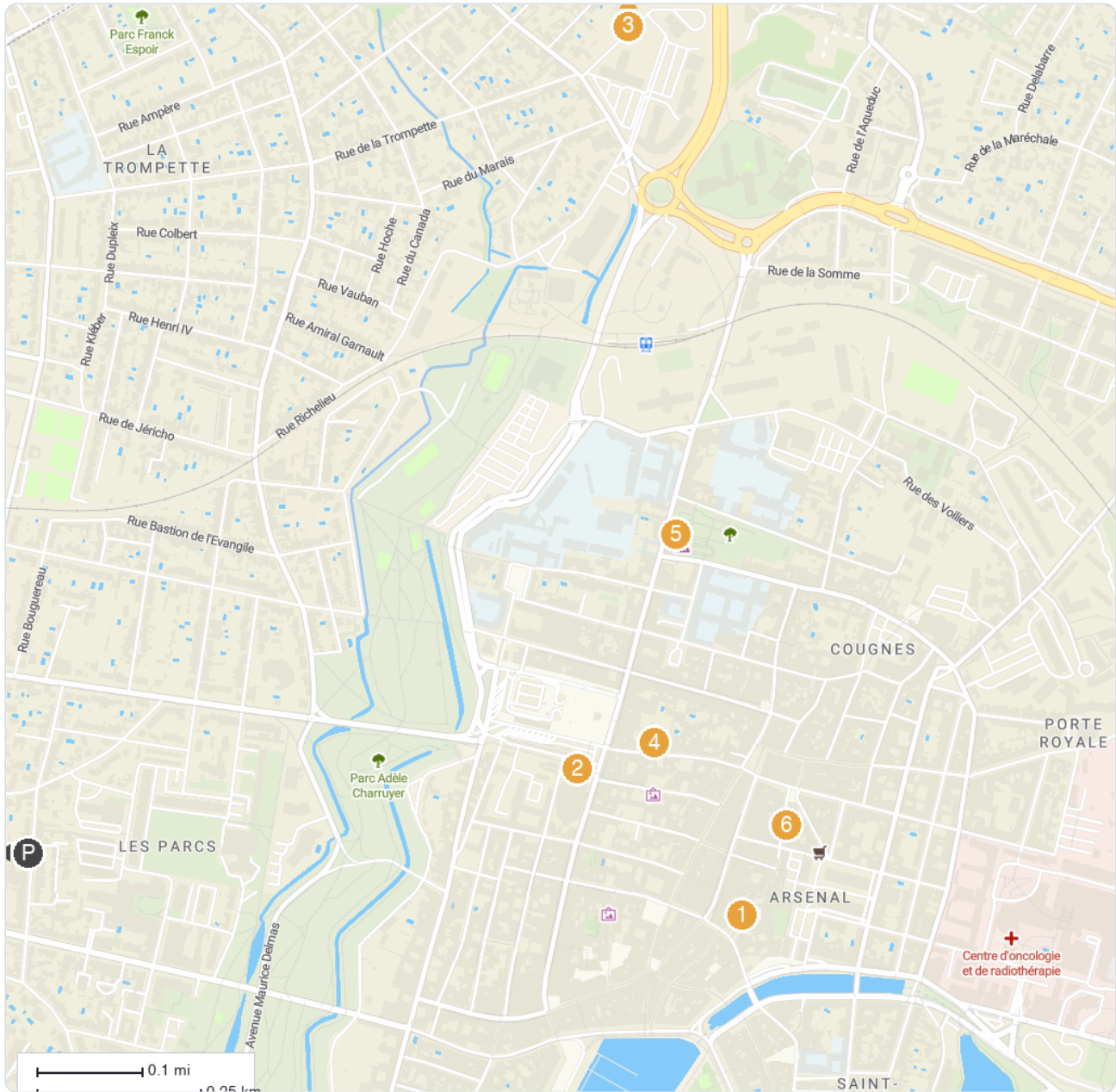
KNOW BEFORE YOU GO

- Shuttle or taxi required. Port de la Pallice is 6 km from the city — factor in 10–15 min each way and confirm shuttle times on board.
- Atlantic tides are dramatic. The Vieux Port can look majestic at high tide and muddy at low tide — both are perfectly normal.
- Bikes are the city's soul. La Rochelle was first in France with free bike-sharing (1976). Rent a Yélo bike to explore or to cycle

La Rochelle, Charente-Maritime, France — Port Map

cruiseports.org

Red = walkable sights · Amber = excursions farther out · P = cruise terminal. Numbers match the order you'd typically visit.



- | | | | |
|---|---|--|--|
| 1 Cloister Of The White Ladies | Historic cloister of a former convent, now a cultural space. | 2 Saint Louis Cathedral | La Rochelle's main Catholic cathedral, known for its architecture. |
| 3 Escape Yourself La Rochelle | An escape room venue for interactive puzzle-solving fun. | 4 musée des Beaux-Arts de La Rochelle | Fine arts museum showcasing European paintings and sculptures. |
| 5 Muséum d'Histoire naturelle de La Rochelle | Natural history museum with diverse collections of flora and fauna. | 6 Bunker La Rochelle (Museum) | WWII German submarine bunker transformed into a historical museum. |
| P Cruise port / terminal | | | |